



# Coaching Intake Form

Personal Information:

Date: \_\_\_\_\_

Name:		Preferred Name:	
Email Address:			
Primary Phone:		Cell Phone:	
Address 1:			
Address 2:			
City:		State:	Zip:
Date of Birth:	Age:	Gender:	
Emergency Contact:		Relationship to Client:	
Emergency Contact Phone Number:			

## Presenting Issue & Goals

What do you want to change or improve?

What have you tried in making a change or improvement?

What are your primary business or professional goals?

What are your primary personal goals?

List your top five values:

What do you believe is your purpose or mission?

What goals do you want to accomplish in our sessions?

What are your strengths?

What are your weaknesses?

## History of Presenting Issue

When did this current issue begin?

What do you see as the underlying cause of this issue?

How often does issue occur?

What do you believe about yourself in this issue?

What do you believe about others involved in this issue?

What do you believe about God in this issue?

## History of Counseling Assistance

Have you sought counseling in the past?

If yes, what was diagnosis or reason for treatment?

## Confidentiality and Privacy

Confidentiality is important. Coaching will at times involve individuals, business partners or business partners and their spouse or other family members. Please list below who you give consent to release information:

- Intake information only
- All information (Intake and sessions)
- Information discussed in sessions only
- None, please keep all information confidential

## Payment Information

Services provided are based on a cost of \$160 per hour. Payment can be made through the Venmo app, send to [@counselinginchrist](#) or if you would like an invoice, please let me know.

**Client Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

Please return prior to our first session. Email to: [katrina@counselinginchrist.com](mailto:katrina@counselinginchrist.com)

## General Information:

An integration of Biblical principles and solutions-focused techniques are used. In our work together the following must be considered.

### JESUS

JESUS is at the center of everything.

### PRAYER

Please pray before coming into the sessions so you come prepared with a God-centered focus. At the end of every meeting we will close in prayer.

### WORD

It is important to see the narrative of our lives through the lens of the Bible, the inerrant word of God.

### CARE

It is important each client feels care, compassion, and safe to share their lives. In Ephesians 4:32 (NIV) we are called to *"be kind and compassionate to one another, forgiving each other, just as Christ God also forgave."*

### REAL

Clients need to be real and authentic. Following JESUS isn't easy. Life isn't easy. Be open to discuss struggles, fears, disappointments, and praises.

### HOPE

With JESUS we find hope. *"May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit. – Romans 15:13 (NIV)*